```
Cu < 0.2;
Cr < 0.2;
Zn < 0.2;
other elements < 0.1 each, < 0.3 total;</pre>
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Al, remainder;

rolling the cast alloy,

to a thickness of 1 to 5 mm between cylinders comprising a tubular shell shrink-fitted to a cylinder body including cooling means for cooling the shell and optionally cold

wherein force, expressed in tons per meter of width, is applied to the rolls during said casting which is less than 300 + 2000/e, where e is strip thickness expressed in mm, and

heat exchange between the alloy being cast and the shells is reduced such that shell temperature is greater than  $80^{\circ}\text{C}$ ,

said strip having in an as-cast state, a product  $R_{0.2} \times A$  greater than 2500, where  $R_{0.2}$  is expressed in MPa and A is expressed in %, and a microstructure comprising intermetallic phases of particles containing at least one of Fe, Mn and Si, having an average particle size of not more than 0.4  $\mu$ m.

Please add the following new claim:

32. (New) The method of claim 20, wherein at least 90% of the particles are less than 1  $\mu m$  in size.